

3. International Yoga Day

Date of Event – 21.06.2023

Day of Event – Wednesday

Approx. Time – 1.5 hrs

No. of attending students – 80

Resource Person - Shiv Ganesh Yoga

Details of the event

International Yoga Day is celebrated on June 21 every year in BVCOA with a motive of spreading awareness about the Vedic practice, yoga and meditation.

